



Therapy Ideas for Patients Using the Passy-Muir® Valve

Therapy Idea:

Creating a Storybook

Goals:

Improve patient and caregiver understanding of tracheostomy and Passy-Muir® Valve use

Increase Passy-Muir Valve wear time

Supplies Needed:

- ✓ Computer with word processing program and printer
- ✓ Patient photos
- ✓ Notebook-making materials, such as stapler, comb-binding machine, etc.

Directions / Suggestions:

- Take several digital pictures of child during therapy which may include:
 - Child receiving tracheostomy care
 - Passy-Muir® Valve being placed on tracheostomy tube
 - Child engaged in activities such as talking, playing, eating, drinking
 - Child participating in therapy, including swallowing evaluations
 - Child with different caregivers
- Paste pictures into pages and pair with simple sentences and 'thought bubbles' that portray specific activities during Passy-Muir Valve use, for example, blowing bubbles to increase oral exhalation or tasting a newly introduced food
- Engage child and caregiver in telling the story, creating and sequencing the pages
- Bind pages of the book together using clear plastic cover for durability
- Review and revise the storybook with child as therapy progresses

Use Outline of Storybook Content created by Katy Peck, MA, CCC-SLP, CBIS, CLE from Children's Hospital Los Angeles for more details on content of pages.

